

What services are still available in Medway

April 6th

We know this is a challenging time for everyone, especially those of us who have a long term health condition and those that care for them.

Many of Medway’s health & social care services are still operating albeit in a slightly different way.

We’re working with all the organisations to get a clear picture of which services are still operating. Obviously, this situation is changing daily but we will endeavour to keep this page up-to-date.

If you would like information about your service here please get in touch on enquiries@healthwatchmedway.com

Medway Social Care	Medway have a dedicated page on their website about social care services https://www.medway.gov.uk/coronavirus
Medway Maritime Hospital	Visiting is currently suspended apart from people at the end of life, parents of a child and women in labour. This situation is changing daily so best to check with the ward
Mental Health Crisis support for Kent & Medway	A new 24 hour Helpline. Text the word “Kent” or “Medway” to 85258. This is part of Release the Pressure service
Release the Pressure	
Talking Therapies/IAPT	Is being offered through phone, online & digital. The website is able to take referrals.
KMPT (mental health)	Check their website for the latest updates www.kmpt.nhs.uk The buildings are only open for patients who need injections. Care Co-ordinators are supporting patients over the phone. If you need urgent help contact the single point of access number 0300 222 0123 or try your GP.
Mental Health Helpline for young people	24 hour Helpline has been set up by NELFT specifically for young people and their parents.

	0300 555 1000
MEGAN	Are offering phone calls for people in their Personality Disorder Group
Medway Wellbeing Navigation service	Is taking referrals online and working with individuals to offer some face to face services
Medway Carers Support	The Hub remains open and support is being offered over the phone and the internet
The Advocacy People	Are taking referrals and offering telephone support
Kent Association for the Blind	Delivering support over the phone and the internet. Some community support services are still operating.
Medway FoodBank	1. St Justus and Peninsula currently closed 2. Twydall Centre is open on Tues 12-2, Fri (NOT Thurs) 10.30-12.30 3. Chatham FoodBank is open Wed 11-1
Samaritans	Are still open, although they are reporting longer waiting times than normal
Saneline	Has temporarily closed its phonenumber
Release the Pressure	The Helpline is still operating
Young Minds	Are still offering support. Text for urgent help to 85258
Citizen's Advice	Is offering advice over the phone
Kingsley House	Remains open to provide housing advice
Kent & Medway Sexual Health	Remain open for urgent requests
Dermatology	Patients are being contacted directly. For urgent questions email dmc.referral@nhs.net